

## CARL'S BIG MOVE

Carl's lifelong dream was to purchase his own home and to live independently.

After 30 years, Carl has been able to make his dream come true by purchasing his very own home in Lucas, Ballarat.

However moving out of his family home had its challenges and obstacles, as Carl has been diagnosed with Autism Spectrum Disorder (ASD).

ASD is characterised by difficulties with social interaction, impaired communication skills, restrictive and repetitive interests, as well as behaviour and sensory sensitivities.

Carl and his family wanted supports to assist Carl to gain confidence, learn new skills and to achieve his independent living goals.

Reaching out to the Lifestyle Options Team, Carl was able to move into his new beautiful home with confidence.

Carl's Support Workers support him daily with setting up routines of cleaning, assisting with meal preparation and assisting with his daily tasks.

As Carl's skills improved and his confidence grew, Carl and his Support Workers develop new goals for him to achieve.

From working as a Supported Employee at McCallum's head office, to being supported in his home, Carl is very happy and confident being a part of the McCallum community.





## OPTIONS TO LIVE A HAPPY LIFE

“Support to people who live independently, with their family or in shared accommodation.”



McCallum’s Lifestyle Options provides a flexible service that is in tune with the changing needs of the people we support. This person centric format means you have ‘Choice & Control’ over the supports you receive.



Lifestyle Options program’s primary focus is for people to have choice and independence of their lives. McCallum will assist you with your pursuit of your goals and aspirations.



Support for people in their home and in the community.



McCallum enables people to access a wide range of activities including sport, drama and dance, arts, as well as spiritual activities. We can also help you build social connections in your local community.



## CHOOSE YOUR SUPPORTS

“Supporting you to be independent and live the life you want to live.”

McCallum can provide the supports you need to live a happy, fulfilled and enjoyable life. We understand some decisions can be tricky and sometimes a ‘helping hand’ can make the process much simpler and less stressful.

### McCallum can help you with:

- Planning your week, month or year
- Budgeting
- Meal preparation
- Joining social groups
- Personal care
- Transport assistance
- Community access
- Home assistance

