



## ABOUT McCALLUM COMMUNITY CONNECTIONS

McCallum Community Connections offers a wide range of centre based and community based support programs. These programs are facilitated in safe and secure environments which encourage participants to develop their skills, reach their NDIS goals and build confidence.

### INTERESTED IN CAMPS?

Our camps program goes near and far, from the Grampians to Echuca and everywhere in between. Ask us for more information.

Because life was meant to be fun!

### CONTACT OUR INTAKE TEAM

1800 316 714  
intake@mccallum.org.au  
mccallum.org.au



## COMMUNITY CONNECTIONS

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# CHOOSE ANY ACTIVITIES FROM

# THE FOUR PROGRAMS BELOW:

01

## LIFE SKILLS

- Cooking Skills
- Travel Training
- Independent Skills
  - Shopping
  - Banking
- Garden Maintenance
- Workplace Volunteering
  - Increased customer interaction
  - Numeracy and Literacy skill development
  - Animal nurturing and care
  - Environmental maintenance
  - Inventory management
  - Merchandise presentation skills

The Life Skills Program encourages participants to learn new skills and to develop existing skills. This enables participants to maximise their independence and experience new opportunities within the community.

02

## ACTIVE RECREATION

- Sailing (on Lake Wendouree)
- 10 Pin Bowling
- Gym and Gymnastics
- Swimming (Ballarat Aquatic Centre)
- Yoga
- Rowing
- Walking
- Ball Games
  - Boccia
  - Cricket
  - Soccer
  - basketball etc

The Active Recreation Program encourages participants to engage in sports and physical activity to increase or maintain their fitness, health and wellbeing in a fun and safe environment.

03

## SOCIAL & LEISURE

- Fishing
- Gardening
- Cooking
- Movies
- Massage
- Communications and Social Interaction
- Volunteering
  - Socialisation opportunities
  - Numeracy and literacy skill development

The Social & Leisure Program is designed to enhance participants socialisation skills whilst engaging in passive leisure programs. These programs are based primarily in the community to build confidence and increase community inclusion.

04

## CREATIVE

- Woodwork
- Arts and crafts
- Drama
  - Dance
  - Singing
  - Music
- Dirt Bombers Gardening Group

The Creative Program enables participants to select from a range of activities to help develop art, music and creative skills which helps enhance participants lifestyles.



### ADDITIONAL SERVICES

Our Saturday program is available on request.



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